

Can you estimate and find out how many of each activity you can do in 1 minute?

1. How many star jumps can you do in 1 minute?



2. How many times can you write your name in 1 minute?



3. How many smiley faces can you draw in 1 minute?






4. How many sit-ups can you do in 1 minute?



Can you record your results in this table?



How close was your estimate?

Activities	Estimate (I think...)	Actual Result
How many star jumps can you do in 1 minute? 		
How many times can you write your name in 1 minute? 		
How many times can you draw a smiley face in 1 minute? 		
How many sit-ups can you do in 1 minute? 